

Press Release Source: Macquarie/First Trust Global Infrastructure/Utilities Dividend & Income Fund

Macquarie/First Trust Global Infrastructure/Utilities Dividend & Income Fund Declares its Quarterly Distribution of \$0.15 Per Share

WHEATON, IL — (BUSINESS WIRE) — May 11, 2009 — Macquarie/First Trust Global Infrastructure/Utilities Dividend & Income Fund (the “Fund”) (NYSE: MFD) today declared its regularly scheduled quarterly distribution of \$0.15 per share, payable on May 29, 2009 to shareholders of record as of May 21, 2009. The ex-dividend date is expected to be May 19, 2009.

Macquarie/First Trust Global Infrastructure/Utilities Dividend & Income Fund (MFD):

Distribution per share:.....	\$0.15
Distribution Rate based on the May 8, 2009 NAV of \$11.83:.....	5.07%
Distribution Rate based on the May 8, 2009 closing market price of \$9.47:.....	6.34%

A portion of the distribution may be treated as paid from sources other than net investment income, including short-term capital gain, long-term capital gain and return of capital. The final determination of the source and tax status of all distributions paid in 2009 will be made after the end of 2009.

The Fund is a non-diversified, closed-end management investment company, investing predominantly in listed infrastructure and utilities companies in selected developed countries globally. The Fund’s investment objective is to seek a high level of current return consisting of dividends, interest and other similar income, while attempting to preserve capital.

Past performance is no assurance of future results. Investment return and market value of an investment in the Fund will fluctuate. Shares, when sold, may be worth more or less than their original cost.

Principal Risk Factors: The Fund invests principally in equity securities of companies in the infrastructure and utilities industry in various developed markets; accordingly the Fund’s NAV will fluctuate with changes in the value of the Fund’s holdings. Investment in infrastructure and utilities issuers is subject to various risks including governmental regulations, high interest costs associated with capital construction programs, costs associated with environmental regulation, the effects of economic slowdown and surplus capacity, competition from other providers of services and other factors. Investment in non-U.S. securities is subject to the risk of currency fluctuations and to economic and political risks associated with such foreign countries. The risks of investing in the Fund are spelled out in the prospectus, shareholder report and other regulatory filings.

The Fund’s daily New York Stock Exchange closing price and net asset value per share as well as other related information can be found at www.ftportfolios.com or by calling 1-800-988-5891.

Contact:

Press Inquiries: Jane Doyle 630-765-8775
Analyst Inquiries: Jeff Margolin 630-915-6784
Broker Inquiries: Jeff Margolin 630-915-6784

Source: Macquarie/First Trust Global Infrastructure/Utilities Dividend & Income Fund